

TROOP 26

Backpacking packing list for 1 night.

PERSONAL EQUIPMENT:

CLOTHING	QTY	COMMENTS	CHECK
base layer (mid-wt.)	1	Top and bottom, synthetic, no cotton, wicking	
insulating layer (fleece)	1	Opt- wool sweater	
Top layer	1	Wool or polar fleece ok	
Synthetic jacket		Rain coat can be top layer	
Shirt (long sleeve)	1	Moisture wicking (no cotton)	
Shirt (short sleeve)	1	Moisture wicking (no cotton)	
Long pants	1	No jeans, no cotton, zip-off's are popular	
underwear	2	Synthetic, moisture wicking, no cotton	
shorts	1	No cotton	
Rain gear	1	Lightweight and sturdy Pants and jacket	
Hat	1	Wool or fleece	
Glove liners/ mittens	1	Synthetic or wool	

FOOTWEAR:

boots	1	Ankle support, no day hikers, no work boots	
socks	2	Synthetic or wool	
Sock liners	2	Silk/ Synthetic-optional	
Camp shoes	1	Crocs, sneakers, closed toe, no flip flops	

PACKS:

backpack	1	Internal frame 65-75 liter External frame 55-65 liter Max. 20% body weight for scouts full pack Inc. food & water	
daypack	1	Optional if needed	
Gallon Ziploc bags	4/8	For packing clothes/ organize	
Pack cover	1	waterproof	
Ditty bags	2-3	Pack personal items/ organize	

SLEEPING GEAR

Sleeping bag	1	0-20 degree rating, packed in compression sack lined with plastic bag or waterproof sack	
Sleeping pad	1	Recommend closed cell foam	
Sleeping clothes	1	Gym shorts and wicking t shirt acceptable	

MISCELLANEOUS ITEMS:	QTY	COMMENTS	CHECK
bowl	1	Deep bowl/ lightweight	
Mug/ cup	1	12-20 oz.	
Spoon/ spork	1		
Backpacking stove	1	Depending on troop menu plan	
Stove fuel	1		
Personal first aid kit	1	Band-Aids', moleskin, alcohol wipes, antibiotic ointment, rubber gloves	
Water bottles	4	Combination of sizes to total 4 liters	
Carabiner	1		
Pocket knife	1	Small knife sufficient	
Matches/ lighter	1	Packed in Waterproof container/ Firestarter	
Whistle/ mirror	1		
Flashlight/ headlamp	1	Bring spare batteries	
map	1		
compass	1		
Soap, biodegradable	1	Trial size	
toothbrush	1		
toothpaste	1	Trial size	
Insect repellent	1		
Sunscreen/ lip balm			
Trowel/ shovel	1	For digging cat holes	
Toilet Paper/ biodegradable	1	You can figure what this is for	
Hand sanitizer	1		
Camp towel	1	Quick dry and small	
Note pad and pen	1		
OPTIONAL EQUIPMENT:			
Water treatment	1	Sawyer squeeze, tablets, straws, pumps, etc.	
Hiking poles	2	Highly recommended for all	
Playing cards	1		
Buff, bandana	1		

ISSUED BY TROOP TO BE DISTRIBUTED EVENLY:

	QTY	COMMENTS	CHECK
Tent, poles, stakes		1 per 2 campers	
Water containers	1-10	1-liter container per 2 campers	
Backpacking stove	1-4	TBD depending on meals planned	
Fuel bottle	1-4	TBD depending on meals planned	
First aid kit	1	Troop/ group size	
Trowel/ shovel	1	For cat holes	
Toilet paper	2		
Dining fly	1		
Trail chef kit	1 per 8 campers	8-quart pot w/ lid 6- quart pot w/lid 1 large spoon	
Hot pot tongs	1		
Plastic trash bags			
Dishwashing soap	1	Camp suds	
Hand sanitizer	1		
Scrub pads	1		
Water purifier tablets		Micro pur, etc	
Nylon bear bag rope	3	100' ¼" nylon	
Bear bags	3-6	Sand bags	
Food strainer	1	Frisbee or paint strainers are acceptable	
Food scraper	1		

PROHIBITED ITEMS:

radios
Cell phones
Video games

MPW 12/5/2018